



To find out more, please get in touch:

Telephone: **01253 208 821**

www.blackpoolfulfillinglives.org.uk

addaction



LOTTERY FUNDED

Supporting people
with multiple needs

“ Fulfilling Lives has
changed my life. My key
worker is a star. ”

CA, client

Registered office 67–69 Cowcross Street, London EC1M 6PU Tel: 020 7251 5860 Fax: 020 7251 5890
E: info@addaction.org.uk www.addaction.org.uk Registered charity no. 1001957
Scottish Charity no. SC040009 Company registration no. 2580377

Bla_007a_0515

Blackpool Fulfilling Lives is a completely different service that looks at new ways to help people who are dealing with several issues at the same time.

To be placed on the programme, you will have three of the following issues:

- **Homelessness**
- **Substance misuse**
- **Mental ill-health**
- **Offending behaviour**

Clients should be 18 or over, not consistently engaging with services and meet our programme assessment.

Blackpool Fulfilling Lives can take referrals from any source in Blackpool, including self-referrals.

Confidentiality is very important to us – generally everything you tell us will not be passed on to anybody else unless you allow us to. If we do need to pass information on, your worker will always talk this through with you.

Service users are at the heart of what we do and are involved in planning and delivering the service. We also have staff and volunteers with lived experience, meaning they have the knowledge to best support people with complex needs.

Blackpool Fulfilling Lives helps people to access and engage with services, making sure you get the help you need.

Each client has their own key worker (navigator), who offers a highly personalised service that's tailored to your needs. Navigators help out with appointments, activities and making sense of services like health, housing and substance misuse.

Our navigators provide emotional support, and help you develop new interests and skills, introducing you to volunteering, education and employment opportunities.

We help you to have a better quality of life, better physical and mental health, and stronger relationships with your family and community.

“ I feel strongly that being supported by someone who has ‘been there’ greatly increases my chances not only of success, but of gaining enough confidence to achieve my goals in life and to eventually help others. ”

KW, client